# ST.COLUMBA'S







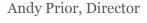
We constantly strive to ensure our standards of person centred care and support in the home are maintained to the highest level. We strongly believe that involving residents, relatives and staff allows us to continually develop and improve our service in order to enable our residents to lead fulfilling lives.

Three generations of our own family work in our homes and it is easy to see that caring is in our nature. As a family we pride ourselves on the quality of care our clients receive every single day.

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Veronica Gibson, Director

Andrew Prior Esq., Director









St Columba's Care Home is situated in the West of the city close to both Dundee City Centre and the small town of Lochee. Set in attractive, landscaped gardens there are bright, colourful areas to enjoy peaceful times with loved ones.



Each bedroom offers a view of the gardens or the local residential area.



### Facilities at St. Columba's

Newly refurbished, St Columba's provide both modern and homely environments for our residents. Throughout the refurbishment our residents, families and staff were consulted which resulted in residents feeling comfortable and happy in their environment. Each floor can be accessed from ground floor via two lifts and has its own lounge area with comfortable chairs and couches where residents can spend time with families or watch a film. Attached are spacious, bright, dining areas with a modern, satellite kitchen, where residents and families can access tea and coffee making facilities. Smaller, quiet lounges also offer space for those who prefer to relax with the paper or a book.

Qualified nursing and care staff support and care for our residents 24 hours a day. The staff team are committed to developing and progressing their skills through comprehensive, on-going training and reflective practice. This in turn is evidenced in the high standard of care delivered and is an integral part of the home's philosophy to continually monitor and improve standards of care.

St Columba's is unique in that it offers additional recreational spaces for residents to enjoy in what is known as "memory lane". A sweetie shop, hairdressing salon, library, art room, old fashioned tea room, bar and cinema room are all available for residents at all times, supported by staff or to spend time relaxing with relatives. A relative's suite is also available for use where required.

St Columba's has two activities co-ordinators who work closely with residents and families in developing and implementing person centred activities. Our aim is to enable residents to lead self-directed, fulfilling lives, both in the home and in the wider, local community. Qualified catering staff offer varied menus which are nutritionally assessed and can provide specialist dietary requirements in conjunction with dietetic advice as required. As part of the home's participation strategy, residents, relatives and staff are consulted with regards to creating menu choices. Snacks and home baking are also available in between meals.

#### St Columba's contact details

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VIRIORITY

# Our commitment }

To enable our clients to live as freely and independently as possible at all times by providing the care and support they need.



### Priority Care contact details

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## St. Columba's at a glance

	Bar, library, art room, sweetie shop
	Hairdressing salon
	Old fashioned tea room
	Cinema room
	Relative's suite
	Enclosed, landscaped gardens
	Single, en suite rooms
	Large assisted wet rooms and bathrooms
•	Modern lounge and dining areas with kitchen facilities
	Designated smoking lounge
	Quiet lounges
	Experienced trained staff
	Individualised activities programme
	Person centred care planning

Please visit our website for more information or refer to our 'Service User Guide'.

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### Memory Lane

Memory lane was developed to create additional spaces for residents to enjoy with support from staff or to spend time with families on the ground floor of the home.

Our hairdressers' room is fully equipped so residents can enjoy the salon experience without leaving home. Our hairdresser visits every Thursday. A pampering trolley is available for those who wish to have a manicure whilst in the salon.

The library is a pleasant, quiet room for residents and their visitors to use. It is serviced on a regular basis by Wellgate library and a large selection of books, large print books and talking books are available.

Our bar, "The Flying Scotsman" can be used for those who enjoy a drink whilst socialising in a small group setting. Time can be spent playing dominoes, listening to music, watching the racing or chatting to friends.

Residents enjoy our old fashioned tea room where they can enjoy the dining experience and reminisce with friends.

Our cinema room has a large widescreen, wall mounted TV and comfortable seating where our residents can enjoy old movies of an afternoon.

An old fashioned "sweetie shop" is stocked with all of our residents favourites which they can purchase at any time

The art room is available with a selection of crafts for the more creative residents.

A relative's suite a is available to use where required.















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