

Sample Menu

We aim to provide "good home cooking" in all of our homes. All meals have multiple choices and we use fresh, locally sourced produce and seasonal vegetables whenever possible. Personal preferences and special dietary requirements are also catered for. Most clients choose to enjoy their meals in our dining rooms but are welcome to dine in their own room if preferred. A choice of hot and cold drinks are available throughout the day served with home baking fresh from the kitchen. Beer, spirits and wine are also available on request.

This menu provides a guide as to times and dishes available.

Morning

Early Morning Tea: 7am to 8am Breakfast: 8am to 9am

Fresh Fruit and Prunes Selection of Cereals Toast and Preserves Tea, Coffee and Fruit Juice Full, cooked Scottish breakfast (Sundays only) Morning Coffee: 10.30am Selection of Biscuits, Tea & Coffee

Lunch

Lunch: 12pm to 1.45pm

Starter

Fresh Fruit Juice Soup of the Day Steak & Mushroom Pie or Salmon Fishcakes Both served with a selection of fresh, seasonal vegetables

Afternoon Tea

Mid-Afternoon Tea: 3.30pm

Selection of Cakes and/or Pastries, Tea & Coffee

Evening

Evening Tea: 5pm to 7pm

Cheesy Jacket Potato Selection of Sandwiches Assorted Fruit, Yoghurt, Tea, Coffee or Fruit Juice

Supper

Supper: 8pm

Selection of Biscuits, Tea & Coffee

Dessert

Sticky Toffee Pudding with Custard Milk Pudding Fresh Fruit Tea, Coffee or Fruit Juice